

**HAWAIIAN ISLANDS ADVENTURE**  
**BIOLOGY & ENVIRONMENTAL SCIENCE TEACHERS WORKSHOP**  
July 23 – August 6, 2015

Hawaii no ka oi (Hawaii is the best)! Travel with retired biology teachers Marilyn Schmidt and Mike Sipes to the Hawaiian Islands to visit and explore Hawaii, Kauai and Maui. The state of Hawaii with its active volcanoes, cloud forests and pristine coral reefs is one of the most diverse states in the country. During our 14 day visit we will experience the Hawaiian culture and visit many of the places for which this state is best known. Everyone will meet at the Kona International Airport on the Big Island of Hawaii the afternoon of July 23 and return to the Mainland from the Kahului International Airport on Maui on August 6.

The cost of the trip, \$3100.00, does not include travel between The Hawaiian Islands and the Mainland. This \$3100.00 cost will include all accommodations, food, activities and travel within the Islands (including air travel between Hawaii and Kauai and Kauai and Maui).

The financial arrangements for the trip are as follows:

<u>DATE PAYMENT DUE</u>	<u>PAYMENT AMOUNT</u>	
December 12	\$450.00	Make checks payable to Mike Sipes (on the "memo" line write "Hawaii trip") Send checks to:
January 15	\$450.00	
February 16	\$450.00	
March 18	\$450.00	Mike Sipes 2065 Miller Street Lakewood, CO 80215-1319
April 20	\$450.00	
May 22	\$450.00	
June 23	\$400.00	

**PARTICIPANTS TRAVELING FROM DENVER**

Group roundtrip travel on Alaska Airlines between Denver and Kona and Kahului and Denver has been arranged for \$1000.00 (including tax). If you plan to be in this group then add an additional \$250.00 to your December thru March payments (full payment must be made to Alaska Airlines at the beginning of April).

**CREDIT FOR TEACHERS**

For an additional \$130.00 you can receive 3.0 semester credit hours applicable toward teacher recertification or advancement on the salary schedule (dependent upon your school district policy). This is available through the Teacher Enhancement/Continuing Education Program at the Colorado School of Mines.

If you have any questions or would like additional information contact the trip organizers:

Mike Sipes  
[mpsipes@centurylink.net](mailto:mpsipes@centurylink.net)  
(303)237-4975 (home phone)

Marilyn Schmidt  
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HAWAIIAN ISLANDS ADVENTURE  
Itinerary

July 23 (Thursday)

3:00pm – The group will meet at the Alaska Airlines ticketing area at the Kona International Airport, Kona, Hawaii.

4:00pm - Pick up vans and travel to the Kona Seaside Hotel.

5:00pm - Dinner.

7:00pm - Evening program about Manta Rays at the Sheraton Keauhou Hotel.

Overnight at Kona Seaside Hotel.

July 24 (Friday)

7:00am – Breakfast.

9:00am – Guided boat trip to watch marine mammals and pelagic birds.

12:30pm – Lunch.

2:00pm – Guided snorkeling trip in Kailua Bay.

5:30pm – Dinner.

7:30pm - Manta Ray night snorkel with Fair Wind Cruises.

Overnight at Kona Seaside Hotel.

July 25 (Saturday)

7:00am – Breakfast.

8:30am - Snorkeling at Two-Step Reef.

11:45am – Guided tour of Ocean Rider Seahorse Farm.

1:30pm - Lunch.

2:30pm – Guided tour of City of Refuge National Historic Park.

5:00pm – Dinner.

Overnight at Kona Seaside Hotel.

July 26 (Sunday)

7:00am – Breakfast.

8:00am – Begin travel along the Kohala Coast and Waipo Coast to Hilo.

9:00am - Guided tour of the Kona Cloud Forest Sanctuary.

11:30am – Lunch.

12:30pm - Guided tour of Mountain Thunder Coffee Plantation.

1:30pm - Horseback ride with Paniolas (Hawaiian cowboys) in the Waipo Valley.

5:00pm – Dinner.

6:00pm – Tour of Liliuokalani Gardens in Hilo.

Overnight at Hilo Seaside Hotel.

July 27 (Monday)

7:00am – Breakfast.

10:00am – Tours led by Park Rangers in Hawaii Volcanoes National Park (tours include Summit Trail, Thurston Lava Tube, Crater Rim Trail, Kilauea Iki Trail and Chain of Craters Road).

3:00pm - Drive to South Point and hike to Green Sands Beach.

6:00pm - Dinner.

Overnight at Kona Seaside Hotel.

July 28 (Tuesday)

7:00am – Breakfast.

10:00am – Flight to Kauai (Lihue Airport).

12:30pm – Lunch.

2:30pm – Trip to Fern Grotto on the Wailua River (Smith's Kauai Tours).

4:30pm – Snorkeling at Lyndgate State Park.

6:30pm - Dinner.

Overnight at Aston Aloha Beach Hotel.

July 29 (Wednesday)

8:00am - Na Pali Coast boat trip and snorkel tour (guided). Trip includes breakfast and lunch.

1:30pm – Travel to Kokee State Park.

2:30pm – Stop at Waimea Canyon Overlook.

3:00pm – Hike the Iliau Nature Loop and Waipoo Falls Trail

5:00pm- Dinner (prepared in Kokee Cabins).

Overnight in the Kokee Cabins.

July 30 (Thursday)

8:00am – Breakfast

10:00am – Guided birding hike along the Alakai Swamp Trail with the Kauai Audubon Society.

1:30pm - Lunch.

2:30pm - Visit the Kokee Natural History Museum.

5:00pm - Dinner (in the cabins).

Overnight in the Kokee Cabins.

July 31 (Friday)

8:00am – Breakfast.

9:00am – Drive to Wailua.

10:00am – Snorkeling at Anini Beach.

12:30pm – Lunch.

2:00pm - Guided Kayak trip on the Wailua River.

5:00pm – Dinner.

Overnight at the Aston Aloha Beach Hotel.

August 1 (Saturday)

7:00am – Breakfast.

8:00am – Drive to Kee Beach on the north shore of Kauai.

9:00am - Hiking on the Kalalau Trail ( Kee Beach to Hanakapiai Valley).

1:00pm – Lunch.

2:30pm - Visit Kilauea Lighthouse and the Kilauea National Wildlife Refuge.

5:00pm – Dinner.

Overnight at the Aston Aloha Beach Hotel.

August 2 (Sunday)

7:00am – Breakfast.

9:30am – Flight to Maui.

11:00am – Guided tour of Maui Nui Botanical Gardens.

12:30pm – Lunch.

2:00pm - Guided tour of Maui Ocean Center (aquarium).

4:00pm - Travel to Iao Valley State Park.

5:30pm - Dinner.

Sunset – Go to Holua Park to see locals in their outrigger canoes.

Overnight at Maui Beach Hotel.

August 3 (Monday)

7:00am – Snorkel/dive boat trip to Molokini: Pacific Whale Foundation tour (includes breakfast & lunch).

1:30pm – Conducted tour of the Whaler’s Village Museum in Lahaina.

2:30pm – Free time to walk around Lahaina.

5:00pm - Kaanapali Beach Luau and Cultural Event. There will be Hawaiian dances, storytellers and cultural events.

Overnight at Maui Beach Hotel.

August 4 (Tuesday)

6:30am – Breakfast.

8:00am – Waikamoi Preserve (1/2 of the group): Hike guided by the Nature Conservancy.

8:00am – Haleakala National Park (1/2 of the group): Activities guided by Park Rangers.

12:00 Noon – Lunch.

2:00pm – Tour and tasting at the Tedesci Winery.

5:00pm – Dinner.

6:30pm – Kanaha Pond Sanctuary. Birding with the Maui Audubon Society.

Overnight at Maui Beach Hotel.

August 5 (Wednesday)

6:30am – Breakfast.

8:00am – Waikamoi Preserve (1/2 of the group): Hike guided by the Nature Conservancy.

8:00am – Haleakala National Park (1/2 of the group): Activities guided by Park Rangers.

12:00 Noon – Lunch.

1:30pm – Drive to Makena and other places in South Maui.

3:00pm – Snorkeling at Charlie’s Beach.

6:00pm - Sunset dinner cruise with the Pacific Whale Foundation. Leave from Lahaina.

August 6 (Thursday)

Morning – Take workshop participants to Kahului International Airport and return rental vans.